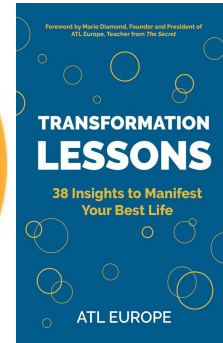
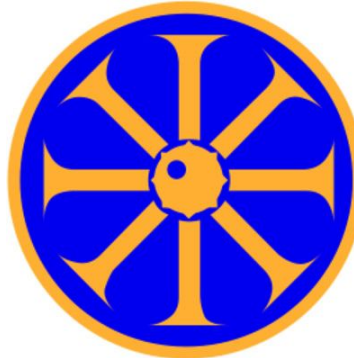
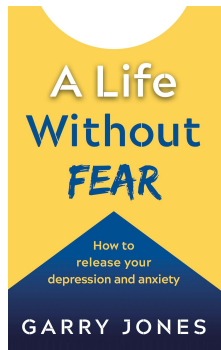


A Life Without Fear

Givers Get Experiment



I owe the idea of this to Pam Grout from her wonderful book “ E3. Thank you Pam for the inspiration.

If you attended my presentation at the BEST YOU EXPO in London you will have a head start on this experiment.

I would like you to approach this like a scientific measurement of a practical experiment on the subject of “Givers Get”.

Namely that if you willingly hand out money to people, that the Universe or whatever term you want to use will return the intention by at least the Power of three.

In reality the message will be as important as the financial contents.

Procedure::

Buy some envelopes to house a pound coin or if you are able a £5 note and a message saying: A gift from the Universe.

Mark up the outside of the Envelope with the heading of ‘Please open, A gift for you.’

The fun bit is leaving your envelopes in places for people, randomly. Make it a real challenge to not be seen on CCTV. Stay anonymous. Book stores, restaurants, bus shelters, places for those who need it, Use your imagination.

Set a time and a place with the envelopes that fit your budget.
Remember, anonymous, message is imperative and some money.
Before you set out on your escapade create a scientific log in the following format.
Write the details out yourself, yes in good old fashioned pen and paper.
This part is important rather than typing into a computer ipad or whatever.

Date:

Time:

Experimenter:

Deadline: (Expect a result in 72 hours from your start time)

Theory: Givers get more back than they put in.

Question: Will I be able to consciously account for a return of money to verify the above theory?

Hypothesis: If I change my beliefs I can change/observe an outcome that confirms the theory.

I am interested in collecting your results both positive, negative or neutral. Please email, tweet or facebook me your findings.

The worst that could happen is you are a few pounds lighter of pocket at the cost of making a few people smile and feel great.

From my personal, belief changing experience, the best that can happen is:

You do get a big return financially.

You make people feel great. It is not the money but the message.

That you have a lot of fun beating surveillance technology.

Most important of all, is that you feel wonderful. A simple cost effective way of feeling really good about yourself in a secret pass it on style.

Good luck.

Bye for now

Garryjonescoaching.com copyright Garry Jones Coaching 2017

Garry Jones

Transformational Coach

Master Practitioner of Neuro Linguistic Programming and Hypnosis

Master of Martial arts

#1 best selling Author

International Speaker

www.garryjonescoaching.com

Biography

Garry Jones is a Transformational Coach, Martial Arts Master, an International Speaker and number best selling author.

He worked for twenty years in private industry, starting on the shop floor to become a General Manager responsible for 1,100 staff. It was in this environment that he discovered his passion for developing people, helping many attain top level careers worldwide.

Subsequent years of self-employment have given Garry a complete understanding of businesses both large and small, and the people who work within them.

He has a life long involvement with martial arts and alongside his successful coaching career, runs a Muay Thai boxing gym which combines his love of physical fitness with bringing out the very best in his students through his forty plus years of experience.

Garry has a strong belief in achieving measurable results quickly and effectively. His unique experiences in the worlds of business, martial arts, physical and mental health, and spiritual development combine to create positive, almost alchemical, change in the lives and businesses of his clients.

His Vision is to have a lasting impact on 300 million people of the world. To leave a legacy of more smiles in the world.

He lives with his family in Herefordshire,U.K. and works with clients on a national and international level creating bespoke solutions to many and varied issues, from 1:2:1 coaching to developing teams and leaders in multi-million pound businesses.

You can connect with Garry on:

<http://www.GarryJonesCoaching.com/>

Facebook: Garry Jones

<https://www.facebook.com/garry.jones.94695>

and Garry Jones Coaching

<https://www.facebook.com/garryjonescoaching27/>

Linkedin: Garry Jones <https://www.linkedin.com/in/garry-jones-coaching>

Twitter: @GarryNLPCoach

<https://twitter.com/GarryNLPCoach>

Instagram:@garryjonescoaching

<https://www.instagram.com/garryjonescoaching/>